

Taking the Next Step to Assure the Well-Being of Older Adults: **Welcome to Daggett-Crandall-Newcomb Home**



Daggett-Crandall-Newcomb Home has been caring for older adults in Southeastern Massachusetts for nearly a century.

Rogerson Communities is thrilled to announce a formal affiliation with Daggett-Crandall-Newcomb Home (DCN). A rest home nestled on five acres of woodland and fields in Norton, Massachusetts, DCN is dedicated to providing compassionate, personalized care in a home-like setting for medically frail older adults who wish to remain in the community where they have lived and worked.

This new affiliation builds on a relationship that Rogerson and DCN initiated in 2016. The new partnership will explore options for the Home's future expansion, inspired by DCN's mission-driven history of delivering exceptional care and a sense of home, comfort and security.

DCN's new bylaws give Rogerson oversight of the organization, including 92 acres of land owned by DCN that can be used for the benefit of the Home and the greater community. The DCN Board of Trustees has been re-formed to include four members from DCN's geographic area along with five additional members, all appointed by Rogerson. Each affiliated nonprofit maintains its own operating budget and its own non-profit status.

Chair of DCN's Board of Trustees Darlene Boroviak, newly appointed to the Rogerson Board of Directors, enthuses, "Rogerson Communities is widely recognized for its expertise in supporting the well-being of seniors through a variety of living spaces. Our partnership will enable DCN to extend the very best in senior living and memory care options to seniors and their families in Norton and surrounding areas."

Walter Ramos, Rogerson's President & CEO, adds: "Our formal affiliation with DCN will create opportunities for future mission-driven plans to deliver valued services to the community and we will continue to extend our resources to the organization."

Assuring the health and vitality of seniors is Rogerson's mission. This enhanced relationship with DCN reflects Rogerson's long-held promise to older adults and the community.



DCN residents enjoy peaceful walking paths, lovely gardens and relaxed conversation in the outdoor gazebo.



Announcing!

Darlene Boroviak and Peter Zane Join the Rogerson Board

Rogerson Board President Brit d'Arbeloff has welcomed two outstanding new members to the Board of Directors. She speaks for the entire Rogerson community in stating, "Our Board is comprised of a dedicated team of professional leaders committed to supporting affordable housing, adult day health programs and self-reliance for older adults in communities throughout Massachusetts. We are excited to channel Darlene's and Peter's talents, expertise and energy into furthering the growth of our mission and vision."

"Leadership" could very well be **Darlene Boroviak's** middle name. Now fully retired after 43 years at Wheaton College, Darlene served as Dean of the College from 1979 to 1983, Dean of the Faculty from 1987 to 1991, professor of political science and the College's Title IX coordinator. She currently sits on several boards in Norton and the surrounding area, including the Land Preservation Society of Norton and the Cooperative Production (COOP), which offers programs and services to address the needs of local citizens with intellectual disabilities and brain injuries.

Darlene has played an impactful role at Rogerson's most recently affiliated community, Daggett-Crandall-Newcomb Home (DCN) in Norton. Of her new appointment, she states, "As President of the DCN Board of Directors, I am delighted to have been invited to join Rogerson's Board. I know I will learn from this expansion of my role and I hope to bring further enrichment to DCN as we move forward with our new venture."

Peter Zane's notable record in community leadership and philanthropy is matched by his remarkable business career. As founder of the Kryptonite Lock Company, he launched the revolutionary K4 U Lock, the international design standard in the bicycle and motorcycle markets. (The K4 has been honored for mechanical and aesthetic innovation at the New York Museum of Modern Art.)

Today, Peter devotes time and energy to human services with nonprofits, including the Schwartz Center for Compassionate Care. He was also instrumental in the transition of Boston's Women's Union to EMPATH, which charts new pathways out of poverty by reinforcing successful self-sufficiency.

He has been an overseer and a member of Rogerson's Finance Committee for over 15 years. In 2013, Peter's wife Ellen Zane, a nationally renowned healthcare leader, was the recipient of Rogerson's Charles E. Rogerson Award for Community Service.

Peter's mother Lillian Zane was a resident at Rogerson House for the last 14 years of her life. Lillian passed away in 2022 at the age of 101. Peter treasures the compassionate care his mother received and continues to enjoy the friendships he developed with Rogerson House staff.

"I'm honored to welcome both Darlene and Peter to our Board of Directors," Walter Ramos states. "We are thrilled to add their invaluable business and leadership experience to the Board at this exciting time as we broaden our strategic plans for the future."

ROGERSON HOUSE VOLUNTEERS ENRICH RESIDENTS' DAILY LIVES

In March, a cohort of 13 volunteers from across the country arrived at Rogerson House to perform community service. They were enrolled in a transformational leadership program with the Atlas Project, a nonprofit based in California whose mission is to help participants "pursue their passions in order to create the life they have envisioned for themselves."

The Atlas Project participants successfully raised over \$5,000 for Rogerson House and created an Etsy store to showcase residents' artwork. Most important, they raised the spirits of our residents who suffer from Alzheimer's disease, dementia and memory loss.

Ellen Comerford, one of the volunteers who took a strong leadership role in this project, is a health coach who wanted to contribute to the well-

being of those with Alzheimer's and dementia. Her mother recently passed away from Alzheimer's and several other members of her family have also been stricken with the disease. Ellen recalls, "When I first visited Rogerson House and met with Executive Director Rebekah Levit and Resident Services Director Michi Tasse, I could feel their compassion and commitment to making every day a better day for the memory care residents. In turn, we learned the value of supportive conversations and living in the present."

Thanks to all the Atlas Project participants!



OUTCOMES BEYOND MEASURE



AFFORDABLE HOUSING

Rogerson makes the difference between housing insecurity and housing security — a safe, comfortable, affordable place to live without worry.

Elizabeth worked as a Personal Care Assistant while raising her four sons. Relying on family members for a place to live, she had always hoped to secure housing of her own. At the age of 76, Elizabeth is home at last living safely, happily, and comfortably with Rogerson. “I am so grateful to Rogerson. I have not had a place to call home for so many years. I have gone from place to place but now I can be safe and not worry.”



NUTRITIOUS MEALS

Rogerson makes the difference between food insecurity and eating well for health and quality of life.

For many day program participants, the daily hot lunch provided by Rogerson is often their most nutritious meal of the day. Case managers monitor access to food at home, making sure they are linked to community resources for assistance when there is a dire deficit.



HEALTH SERVICES

Rogerson makes the difference between unmanaged, declining health and maximizing wellness.

Rogerson’s adult day health programs deliver compassionate care — with dignity — to Boston’s most vulnerable older adults. With our services, participants gain more stable health and a higher quality of life. Families enjoy much-needed respite so they can continue to care for their loved ones at home. They can sleep at night. “I love coming to work every day and seeing the bright smiling faces of our program participants. Aging comes with lots of challenges. Rogerson’s services make all the difference in the world. Older adults enjoy fuller and richer lives.”

– Assistant Program Manager, Rogerson’s Adult Day Health Programs



SOCIAL CONNECTIONS

Rogerson makes the difference between isolation and social connections.

In the U.S. Surgeon General’s recent call to action, Dr. Vivek Murthy points out, “Our relationships are a source of healing and well-being hiding in plain sight – one that can help us live healthier, more fulfilled, and more productive lives.” Everyone and everything are made better when social opportunities abound, and independence is embraced. Rogerson’s residents and participants gain a sense of purpose and take an active role in caring for their own well-being.

What true well-being does for people is remarkable.

What it does for communities is incalculable.

This is *the mission* and *the promise* of Rogerson.

MEET OUR RESIDENTS

Patricia and Tipper: A paw-some pair enjoying their forever home



Patricia feels blessed to be “back home on the Hill” at Beacon House with Tipper, her cherished companion who guides her through daily routines.

It's been quite a journey for Beacon House resident Patricia. A single mom and great-grandmother who received her master's degree from Sorbonne University, raised two children in Maine and went on to become an innkeeper on Cape Cod. She pivoted successfully through many crossroads in her life, thanks to her spirit of independence and conviction.

Living at Beacon House in the 1990s was a game-changer for Patricia. She loved everything about the community and its enriching lifestyle. When her daughter became critically ill, she moved back to Maine to provide care and support for her family. Living with energetic grandchildren and experiencing hypotension over those 16 years, Patricia feared that her next chapter might include loneliness and depression.

Several friends suggested visiting a SPCA adoption center.

Patricia adopted Tipper, a mixed terrier. She was a newcomer to the challenges and comforts of life with a canine. She felt a new sense of calm, happiness, purpose and responsibility. “I had someone to love and take care of,” said Patricia.

With her vision failing, she enrolled Tipper in service dog training. She knew exactly where she would take him to share their forever home. In 2017, Patricia, with Tipper in tow, moved back into her former residence and noted, “It felt like I had never left.”

Patricia believes Tipper rescued her. She loves to stop for people she might never have met. “Tipper seems to know that quick hellos are important,” she says. At Beacon House, she has met new friends and enjoys being known as “the lady with the cute puppy.”

The American Humane Society recently endorsed scientific research demonstrating the link between human-animal interaction and healthy aging. The benefits range from increased physical exercise to social, emotional, cognitive well-being, and even longer life. Dogs are known to spark positive memories and increase the feel-good hormones in older adults who are burdened by worry and anxiety. Since animals seem to live in the moment, they tend to keep their owners in a similar frame of mind.

Reina and Cecilio: Affordable housing provides community



With the compassionate support of the Farnsworth House staff, Reina and Cecilio enjoy a secure and healthy lifestyle.

Farnsworth House in Jamaica Plain is home to a hard-working couple who treasure their rent-subsidized apartment in Jamaica Plain. Originally from Dominican Republic and El Salvador, Reina and Cecilio are deeply connected to their community, its Latino culture, cuisine—and, especially, their church.

Reina participates in Rogerson Fitness First, an on-site preventive health program for older adults. Under the guidance of a multilingual trainer, she benefits from a customized exercise routine that helps her build and maintain strength and stamina. Cecilio continues to work part-time as a delivery truck driver for a seafood company. The income, he comments, “Isn't a lot, but it's enough.”

Cecilia adds, “If we didn't have Rogerson, we wouldn't be able to live here close to our church and community. Our apartment is affordable, but most important, it's our home. The building is safe and everyone looks out for each other.” A nearby bus stop connects them to city transportation so they can expand their life experiences throughout Boston.

ROGERSON'S COMMUNITIES

Affordable Housing

Beacon House
Carleton House
Cooper House
Council Tower
Farnsworth House
Hong Lok House
Joy Street Residence
Longfellow House
Peter Faneuil House
Roslindale House
Spencer House
Walnut House

Retirement + Continuing Care Communities

Community at Pond Meadow & Pond Home
Daggett-Crandall-Newcomb Home
Fairing Way
Florence House
Hale House
Rogerson House
The Briarwood Community
The Residences at Snow Place & Sophia Snow House

OUR PROGRAMS + SUPPORT SERVICES

Adult Day Health Programs
Elder Assistance Fund
Memory Care Programs
Rogerson Fitness First

