

Days Lived With Dignity: Inside Rogerson's Affordable Housing and Supportive Health Programs



Juan Peña, Rogerson resident and adult day health program participant, regularly uses Rogerson's Fitness First supervised exercise program to better manage his complex chronic illness.

Upwards of 1,800 individuals and families rely on Rogerson to provide affordable housing and supportive health services. For many of those individuals, Rogerson prevents homelessness or unnecessary hospitalizations, directly benefiting families and communities.

Juan Peña, a 78 year-old Rogerson resident and participant in the Roslindale Adult Day Health Program, is one of the great many for whom a challenging later life is made better by Rogerson. Retired and on low-income, Juan and his wife were unable to continue to afford skyrocketing rents and were on the verge of losing their housing and their community. Juan describes, "We were literally growing sick with worry, until we found Rogerson. When we came here 8 years ago it truly

saved our lives. Now we live in the area near our church and our community, we can walk to buy groceries and can take public transportation to our doctors, and we feel safe here."

Due to a myriad of complex chronic illnesses, Juan's doctor recommended he attend Rogerson's adult day health program and begin a regular exercise routine. Juan started a supervised fitness regimen at Rogerson's Fitness First Program and began regularly attending the adult day health program also located in the building. Now he receives daily monitoring by nurses for chronic illnesses such as hypertension, diabetes, asthma and obesity. Juan happily recalls, "My doctor was really impressed with how quickly my blood pressure and diabetes began to stabilize and get better."

Juan's story is not unique. Walter Ramos, Rogerson's President & CEO notes, "Nearly every resident I speak with tells me how happy they are in their homes. Participants in the adult day health program greet me daily and show me how elders thrive when provided the supportive services they need to age in community and avoid emergency and premature long-term hospitalizations. Rogerson's provision of care and services provide the dignity with which elders are allowed to thrive in the absence of fear and worry. Rogerson has been a key statewide advocacy leader successfully fighting to secure the necessary rate increases in the state budget that will allow adult day health programs across the state to continue their important work. The cost doesn't come close to the economic savings and the incredible shift in quality of life our elders experience."

Juan adds, "We are incredibly grateful to remain in this neighborhood with so many kind people and hope to be here for the rest of our days."

Rogerson could not deliver its critical services without the support of its generous donors, including foundations and corporations. Special thanks to Gillette for their recent grant toward Rogerson's adult day health programs.

Gillette

Rogerson's Welcome Home honored Brit d'Arbeloff

Rogerson was proud to honor long-time board chair and philanthropist Brit d'Arbeloff May 14 at the Boston Cyclorama. Thank you to all our donors and supporters who gathered to celebrate Brit's lifetime of achievement and philanthropy, with the award being presented to her by Massachusetts Governor Charlie Baker, a longtime family friend. Surrounded by many family and friends, Brit glowed with appreciation as Rogerson honored her.



The Boston Globe

NAMES

Brit d'Arbeloff presented with Rogerson Award by Governor Charlie Baker

May 21, 2019

Brit d'Arbeloff surrounded by members of her family (from left) Alejandro, Sofia, Annie, and Nori d'Arbeloff.

photos by Michael Blanchard

Rogerson Celebrates Next Phase of Fairing Way

Rogerson was excited to join with Weymouth Mayor Robert Hedlund, the Board of Directors of William B. Rice Eventide Home and key local and state officials and financiers to celebrate the laying of the cornerstone, marking the next phase of development at Fairing Way, a beautiful amenity-filled property still affordable for moderate income 55+ adults. This phase of construction at Union Point in South Weymouth will add 107 units of housing to the current 104 units and nursing home. Learn more at www.fairingway.org.



Gathered for the laying of the cornerstone, celebrating the next phase of development at Fairing Way: (Left to Right) Mike O'Connell, Dellbrook/JKS; Don Powell, Treasurer, William B. Rice Eventide Home; Christopher Scoville, Eastern Bank; Brian Slater, East Boston Savings Bank; Walter Ramos, President & CEO, Rogerson; Senator Patrick O'Connor; Jamie Seagle, President Emeritus, Rogerson; Mary Lou Thornburg, President, Fairing Way Resident Council; and Amy Ross, Chair, William B. Rice Eventide Home