# **Title:** Activities Assistant/Therapeutic Recreation Assistant

# **Supervisor:** Program Director**FLSA:** Per Diem, Non-Exempt

#  **Location:** Rogerson House, Jamaica Plain

 **About Rogerson House:**With over 20 years of experience, Rogerson House provides the highest quality of professional care for cognitively impaired Assisted Living residents and Day Program participants in addition to support for their families.  The physical design, staff training, and programs of Rogerson House focus on maximizing functional and cognitive abilities and promoting a positive emotional environment.

**Position Summary:**
The primary responsibilities of this position are the implementation of scheduled therapeutic recreation activities within and outside the facility, to assist in providing a varied program that meets the physical, emotional and social needs of the Alzheimer’s resident and contributes to their overall quality of life.

 **Required Qualifications:**

1. One year recreation or event leadership experience in an elder or Alzheimer care facility.
2. Experience in leading group recreation programs for elders or memory impaired clients.
3. Sensitivity to issues of aging and needs of the dementia resident and diverse populations.
4. Ability to follow written and spoken directions in English.
5. Availability to work evenings and every other weekend shifts, as well as some holidays as scheduled by supervisor.
* Outgoing, warm and caring personality.
* Availability to work Tuesdays and Saturdays 12:30pm-8pm.

# **Duties and Responsibilities:**

1. Implement and lead activities of therapeutic recreation according to monthly schedule and needs of the Alzheimer’s and Dementia residents.
2. Understand the approach and structure of recreation for Alzheimer groups.
3. Assist in orienting new participants and residents to program structure.
4. Maintain an open line of communication to recreation director and all staff members.
5. Observe and report any change in health or mental status of residents to Program Director or nurses.
6. Monitor safety and well-being of residents/participants while in groups and seek assistance when necessary to assess safety and well-being.
7. Perform other duties as assigned or requested from time to time by supervisor or other managers.

**Functional Requirements:**

Standing: 34% to 66% of the time

Walking: 34%to 66% of the time

Balancing: 34% to 66% of the time

Stooping: 34% to 66% of the time

Kneeling: 34% to 66% of the time

Crouching: 34% to 66% of the time

Reaching/working overhead: 34% to 66% of the time

Climbing: 34% to 66% of the time

Pushing: 34% to 66% of the time 10-20 pounds

Pulling: 34% to 66% of the time 10-20 pounds

Lifting/carrying: 34% to 66% of the time 10-20 pounds

**To Apply:**

Interested applicants can send resume, cover letter and salary requirements by one of the following options:

E-mail: careers rogerson.org (Please indicate job title in subject of e-mail)

Fax: 617-469-5861 c/o HR Department

Mail: HR Department- Rogerson Communities

 1 Florence Street
 Boston, MA 02131

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