

From the Adult Day Health Program Team:



Welcome to the first issue of our ADH newsletter!! Thank you for being a part of our day programs family! We hope that this periodic newsletter will illustrate for families and friends some of the amazing ways that we are serving participants and collaborating with our community. Each month we will update this newsletter with upcoming events, new programming, a list of caregiver resources, and more.

Community Partnerships:



One of our biggest community collaborations is with the Haley School, located in Roslindale. We have partnered with the middle school's community leadership elective groups to host intergenerational socials each month. The participants and students have

Community Partnerships – Continued

enjoyed this collaboration so much that we have agreed to begin hosting the socials bi-weekly, starting in October. We have also agreed to begin a monthly boy's mentorship program. This will include hosting a group of middle school boys who are working on a year-long story-sharing project. They will partner with our male participants and complete a series of workshops with the school's facilitator.

iN2L Our New Interactive Technology:



ADH Participants have enjoyed the many applications of iN2L, including those that encourage dance and movement.

Thanks to a generous grant from the Gould Charitable Foundation, the Roslindale and Egleston day programs welcomed a new interactive technology system called *It's Never Too Late* (or iN2L). We have been enjoying its many applications at both sites since February of this year. Some of its uses include: Music for sing-alongs and dancing, large-screen display games to accommodate our sight-impaired members, global virtual travel (with real Google web), individual tablets for one-on-one activity support, soundscapes to help alleviate anxiety, and cognitive stimulation activities like trivia for our memory care participants. We can't wait to unlock many more applications and share our progress with you all!



ADULT DAY HEALTH PROGRAMS / MEMORY LOSS PROGRAMS / FITNESS FIRST
NEWS & RESOURCES - SEPTEMBER 2018

New Staff Members:

Please join me in welcoming the staff team members who have become a part of our day program care community this year.

Andrew Jamieson, Fitness First Specialist
Cassidi Branco, Activities Coordinator/APM
Donisha Kindred, Program Support
Elisa McNeil, Nurse
Jason Kobayashi, Program Manager
Larry James, Driver
Milan Saunders, Program Assistant
Nenser Krua, Nurse
Patricia Roth, Nurse
Sashalee Cowan, Program Assistant
Savann Donovan, Intake and Outreach Coordinator
Shellian Denton, Program Assistant
Syreeta Williams, Compliance Specialist
Tracy Slater, Activities Consultant
Yahnissi Ndukwe, Case Manager/Admin Support
Yvonne Simpson, Nurse
Zarinah Gray, Social Worker

How You Can Help:



Rogerson Adult Day Health Programs benefit greatly from the generous contributions of our donors. We also rely strongly on our partnerships with families to best support our individual participants in meaningful ways. Our programs are always in need of essential items for activities and crafts,

and to support participants' daily living needs. Donations of seasonal clothing, personal hygiene items, art and craft materials, and other new or gently used items are greatly appreciated. Donations of durable medical equipment such as wheelchairs and walkers may help a low-income participant who is struggling to ambulate. For more information, please contact: Brandi Derr at (617) 469-5829 Ext 5874 or derr@rogerson.org.

Caregiver Resources:

[Alzheimer's Association](#)

[American Association of Retired Persons \(AARP\)](#)

[Beautiful FREE Fog Exhibit This Month!](#)

[City of Boston Elderly Commission](#)

[Elder Care Locator](#)

[ETHOS Health Ideas Program](#)

[Helpline for Elder Homecare + Caregiver Support](#)

[Massachusetts Association of Older Americans \(MAOA\)](#)

[Massachusetts Councils on Aging \(COA\)](#)

[Massachusetts Executive Office of Elder Affairs](#)

[MBTA Senior and Access Pass](#)

[Right At Home Newsletter](#)