



# Join Us!

## As You Age: Making Decisions for Your Future

**FREE**  
3-part educational  
series open to  
the public

April 29, 2010

### Conversations Before the Crisis

A workshop designed to help you get answers and resources BEFORE a healthcare crisis strikes a family member or spouse.

Location: Sophia Snow Place, 1205-1215 Centre Street, West Roxbury  
RSVP to Judy Dovev (617) 325-7900 ext. 215 or dovev@sophiasnowplace.org

Workshops run  
from 6-7:30 PM;  
free refreshments  
provided

May 20, 2010

### You: The Empowered Patient

Learn the 10 most important questions to ask your doctor, presented by Dr. Gail Gazelle, author of *Don't Leave the Hospital Sicker Than You Went In!*

Location: Rogerson House, 434 Jamaica Way, Boston  
RSVP to Bernadette Clougher (617) 983-2300 xt. 118 or clougher@rogerson.org

June 16, 2010

### Intro to Retirement Communities & Care Options

Untangle the mysteries of independent living & continuing care communities, assisted living & skilled nursing facilities...and learn more about stay-at-home options.

Location: Springhouse, 44 Allandale Street, Jamaica Plain  
RSVP to Karen Pollack (617) 971-1678 or kpollack@springhouseboston.org

**Presented by:**

