

## Good Health and Good Spirits

Rogerson Communities Adult Day Center is a friendly place to meet people, explore new activities and rekindle old interests while having access to needed health services.

Participants come to the center during the day for organized activities, a hot lunch and refreshments, then return home in the afternoon.

### Who benefits from the Adult Day Health Program?

- Adults who want to be a part of community life by participating in outings and sharing their common interests with others.
- Those whose health situation should be regularly monitored, including those with diabetes, high blood pressure or complications caused by stroke or heart attack.
- Elders who need medication supervision or administration.
- Older adults who may not be eating properly or adequately on their own.
- Families who worry about leaving a loved one alone all day, or who may be considering giving up a job in order to care for that person.



Lou Jones photo

### What others are saying:

“By attending Rogerson Communities Adult Day Center, (my mother) was able to keep her dignity and to remain home longer than would otherwise have been possible. I have never encountered a more caring and professional group than those who work in your Adult Day Center.”

*Alice Callahan*

“We can rely on your staff to provide our patients with compassionate interdisciplinary care.”

*Boston University Geriatric Services*

## Health Care and Social Services

Our registered nurses, licensed practical nurse and licensed social worker can:

- Help coordinate participants' medical care, arrange lab tests and schedule medical appointments.
- Arrange transportation to and from the program and medical appointments.
- Provide screenings for vision and hearing.
- Continually assess participants' medical condition.
- Administer medications, including eye drops and injections such as insulin.
- Monitor blood sugar levels and vital signs, such as blood pressure and pulse.
- Administer flu shots and change dressings as necessary.
- Supervise physical therapy, occupational therapy and speech therapy programs.
- Provide advocacy, counseling and family support.

### For more information

To arrange a visit, or for information about enrolling in an Adult Day Center program at Rogerson Communities, please call (617) 469-5829.

## State-of-the-art surroundings

- Sun-filled activity areas.
- On-site fitness program focused on strength training.
- Spacious dining room.
- Large, secure, outdoor garden area.

## Activities for everyone

- Frequent trips to restaurants, museums, movies and shops.
- Educational, crafts, creative arts, gardening and current events programs.
- Music, art, and pet therapies.
- Regular visits by a beautician, podiatrist, optometrist and other specialists.
- Breakfast, hot lunch and refreshments that meet or exceed the USDA requirements.

## Hours

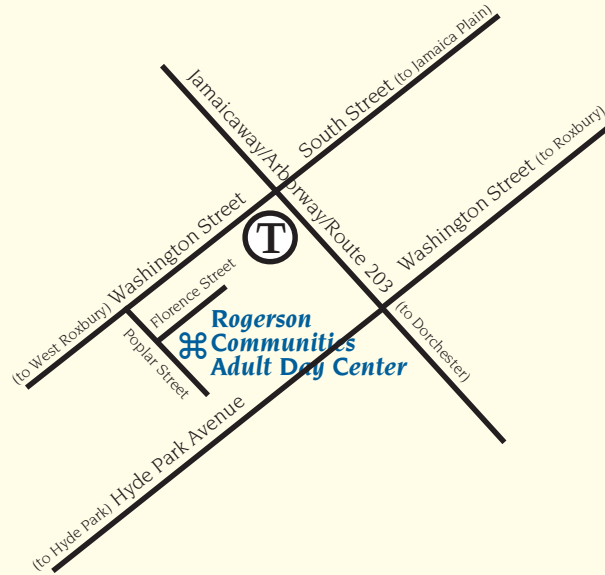
- Flexible, open 8:30 a.m.-4:30 p.m.
- Seven days a week.

## Transportation

- Van, or chaircar available.
- Other transportation can be arranged.

## Accepted funding

- Private pay, long-term care insurance, Medicaid, homecares and other sources.



Located just a block from Roslindale Square, Rogerson Communities Adult Day Center is conveniently located for residents of Roslindale, West Roxbury, Hyde Park, Dorchester, Mattapan, Roxbury and Jamaica Plain as well as Brookline, Dedham, Milton and Newton. Transportation is available.

 **ROGERSON COMMUNITIES**

## Adult Day Center Adult Day Health Program

23 Florence Street  
Roslindale, Massachusetts 02131  
Telephone: (617) 469-5829  
TTD: (617) 363-2300  
FAX: (617) 363-2345



David Stone photo

# Adult Day Center Adult Day Health Program

Days well spent. Rogerson Communities