



ROGERSON COMMUNITIES

dignity. longevity. vitality.

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FOR IMMEDIATE RELEASE

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LEGISLATIVE BREAKFAST HELD AT ROGERSON COMMUNITIES

Boston, MA --- (March 10, 2009) -- Rogerson Communities recently hosted a legislative breakfast at their Adult Day Health Program at Spencer House in Egleston Square. Presented by the Massachusetts Adult Day Services Association (MADSA), the event was co-hosted by State Senator Sonia Chang-Diaz and State Representative Michael Rush. The meeting provided a forum to showcase the benefits of adult day health programs, and to discuss pending legislation that will affect these programs statewide. Legislators were introduced to participants and their families who rely on the services of Adult Day Health Programs.

There are 136 adult day health programs across the Commonwealth designed to meet the physical, functional, and social needs of elderly and disabled adults who live on their own or with family but may need additional services. Adult day health programs can improve the general health of participants and even prevent unnecessary emergency room visits, hospital stays and readmissions. These services often replace more expensive nursing home care, saving additional taxpayer money. Programs include fitness training to increase strength and improve balance and ease of movement, thus lowering the incidence of falls, one of the biggest causes of hospitalization among this population.

These programs not only are a tremendous benefit to the participant, but to the entire family - especially the overlooked caregiver. The cost to taxpayers is just \$53.93 per day per person —that's less than \$9 an hour for a full day of health and social services. Rogerson Communities operates five adult day health programs located in Roxbury, Roslindale, Brookline and Jamaica Plain.

Rogerson Communities is a leader in building and managing affordable housing for low-income elders and a pioneer in creating innovative adult day health programs offering fitness and strength training, meals, memory loss care and treatment, and social activities so that elders can continue to live independently. For more information, visit www.rogerson.org

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